



Capitol Hill Herald

October 2018



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Welcome to Fall!

Dear Capitol Hill Families,

Our school year is off to a great start! Since the start of September we have been recognizing students each Friday who have exemplified the character traits of respectfulness, responsibility and safety. We hope students are building their collective capacity to do the right thing even when nobody is watching. We're excited to continue to recognize students at the end of each week who uphold these character traits, as they are ones that strengthen our community and school.

We've also enjoyed seeing so many parents and guardians at daytime and evening events this past month, including our PTA meeting, Back to School Night, Book Fair and volunteers during the day. We're also looking for additional volunteers during recess and lunch. It's been great having a strong family presence in the building and we enjoy the sense of community that it builds on campus.

On Friday, October 26th we are excited to host the annual BIG BOO from 6:00pm-8:00pm. We look

forward to seeing all the students and families at this fun event. We are very grateful to our PTA for putting in so much time and effort in preparation for the Big Boo. While I am still not sure of my costume I look forward to being in attendance.



We have also started our committees for the year at Capitol Hill with teachers and staff. Also, Site Council which is comprised of many different stakeholders, will meet for the first time at the end of this month.

Have a wonderful rest of your week and looking forward to connecting with you all.

- Principal
Kevin Walker



Grandfriends' Day

Friday, October 19th from 8:30-10:30am

One of our school's favorite events where Grandparents, Aunts, Uncles, cousins, older siblings or very best friends can come and share some special moments with our students.

Schedule for the day:

5th Grade 8:15-8:45

Kinder 8:30-9:00

3rd 8:45-9:15

4th 9:00-9:30

1st 9:30-10:00

2nd 10:15-10:45



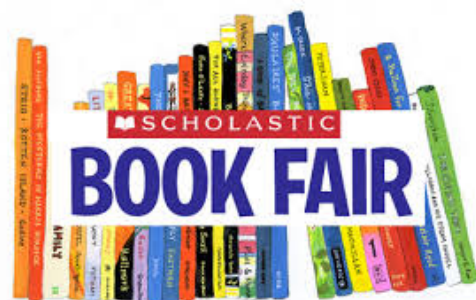
Walk and Roll to School Day was Wednesday, October 10th

We put on our walking shoes or peddled our bikes and headed to Capitol Hill with other members of our community as we "walked and rolled" to school. This was a great time as we headed to school through the neighborhood together. Thank you to Jon Sanford for organizing this fantastic event.

Book Fair

Monday - Friday, October 15th – 19th from
8:30pm

Join us for our book fair! Crystal Hertzfeld and her team has done an amazing job setting up the book fair in our library. The book fair is open from 7:45-8:00am and 2:15-2:30 each school day. It will also be open on grandfriends' day.





PICTURE RETAKE DAY

Picture Retake Day
Tuesday, October 23rd

When: Tuesday, October 23rd

Where: On the stage

Why: Just incase you were absent or had a piece of kale in your teeth. Please bring your picture packet if you are getting retakes. Come gives us your best smile!

The Big Boo!
Friday, October 26th from 6:00pm-8:00pm

Come on out to The Big Boo! Our annual celebration will include prizes, games, pizza, and a haunted garden. Look forward to seeing you all there. Thank you Katie Merritt and team for all the effort.



PTA Meeting
Wednesday, November 14th from 6:30-7:30pm

Join us for our next PTA Meeting of the year. The meeting starts at 6:30pm, and childcare is provided. This is a great time to learn about what the PTA does and ways to help them support the school. If you need interpretation, please let Mr. Walker know.

Open lines of Communication

I would like to thank our families for openly communicating and building positive relationships with our staff. It is incredibly important for families to positively communicate with teachers and for teachers to communicate positively with families. Only by working together can we continue to make Capitol Hill a great place to grow.





The Great Shakeout

On October 18th at 10:18 am our students will participate in the Great Shakeout. Students from all over Oregon, Washington and California will participate in this drill.



1) What is your teaching super power?

I not only know every student in the school, but I can tell you 3 positive attributes about each child and I am familiar with their style and growth as an artist.

2) What will parents see when they come to your class?

When parents enter my classroom they will see a mostly calm class (depending on the activity) and students/artists quite engaged in creating or producing their art.

3) Tell us about yourself?

I am a practicing artist, who still loves art and what it can do for my spirit and soul. I love the Pacific Northwest and swim and hike regularly. Camping in the mountains is one of my favorite activities. I am fascinated by science especially human biology and geology.



Mrs. Helmsworth
Art Teacher



1) What is your teaching super power?

I use a variety of activities to give students as many different experiences as possible.

2) What will parents see when they come to your class?

Visitors to PE will see students active immediately after entering the gym, a class discussion about our focus for the day, a major activity or game, and students assessing themselves.

3) Tell us about yourself?

This is my fifth year at Capitol Hill and my thirteenth year overall. I enjoy spending free time hiking with my wife and our dog on the many fantastic trails in and around Portland. I am originally from Iowa and try to catch as many Hawkeye games as I can, while also keeping up to date on the Thorns, Timbers, and Blazers.

Mr. Gustin
P.E. Teacher



1) What is your teaching super power?

Finding literature that appeals to different reading levels, interests, and all ages.

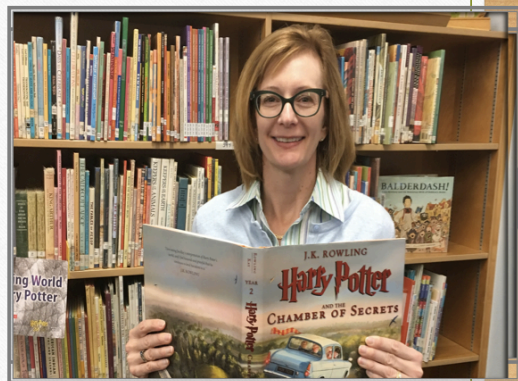
2) What will parents see when they come to your class?

Every day students are learning library skills and expanding their appreciation for literature. Depending on the grade level of the class, you may find students listening to a story and learning about phonological awareness or learning how to search a database.

3) Tell us about yourself?

I have been a librarian for 16 years at the elementary, middle school, and high school levels. This is my fourth year at Capitol Hill. I love the enthusiasm students have for the library. On my free time I like to garden, read, travel, and ride my bike.

Mrs. Dahindin
Librarian/Media Specialists





Thank you
for working
in our
garden!

